



## Pre-Chemical Peel and/or Microdermabrasion Microneedling Treatment Instructions

- If you are prone to cold sores, you will need to contact your physician for anti-viral medication to avoid a post-treatment breakout. It is recommended you begin prophylaxis two (2) days prior to treatment and continue for five (5) days post-treatment.
- Discontinue use of over-the-counter Retinal, Glycolic and other Alpha Hydroxy Acids, Salicylic or Beta Hydroxy Acids, or other exfoliation products three to five (3-5) days prior to treatment.
- Discontinue use of prescription Retinoid products (Retin-A, Renova, Tretinoin, Avita, A/ustra or other brands of Tretinoin), other prescription Retinoid products (Adapalene, Avage, Differin, Tazarac, Tazarotene) 3-5 days prior to treatment.
- No waxing, electrolysis, other hair removal products or methods within seven (7) days prior to treatment.
- No Botox, Collagen, or other Dermal Filler injections up to 3 - 4 weeks prior to treatment.
- Follow pre-treatment home care product recommendations. Optimal results are achieved by following a home care regimen that will enhance the treatment process.